RIDER'S EDELE

GROUP RIDING

GROUP RIDING HANDBOOK

I TO GROUP RIDING

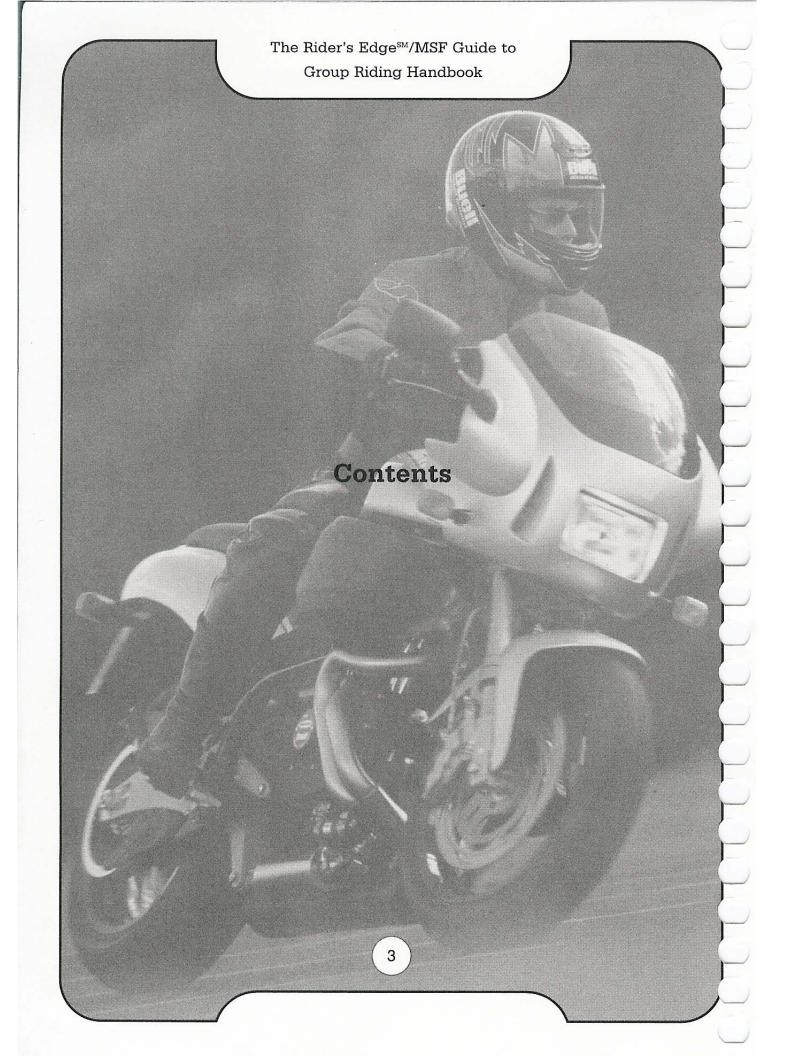
RIDER'S EDGESM/MSF GUIDE

The Rider's EdgeSM/MSF Guide to Group Riding Handbook

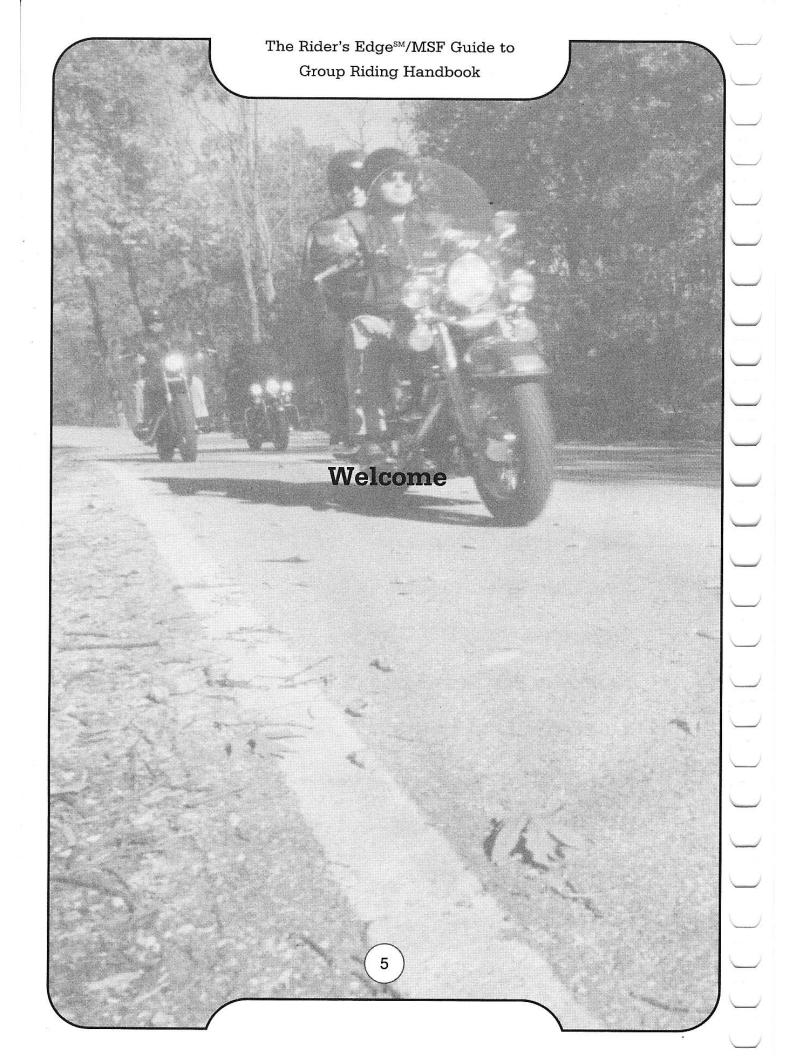
The Rider's EdgeSM/MSF Guide to Group Riding Handbook



ACADEMY OF MOTORCYCLING

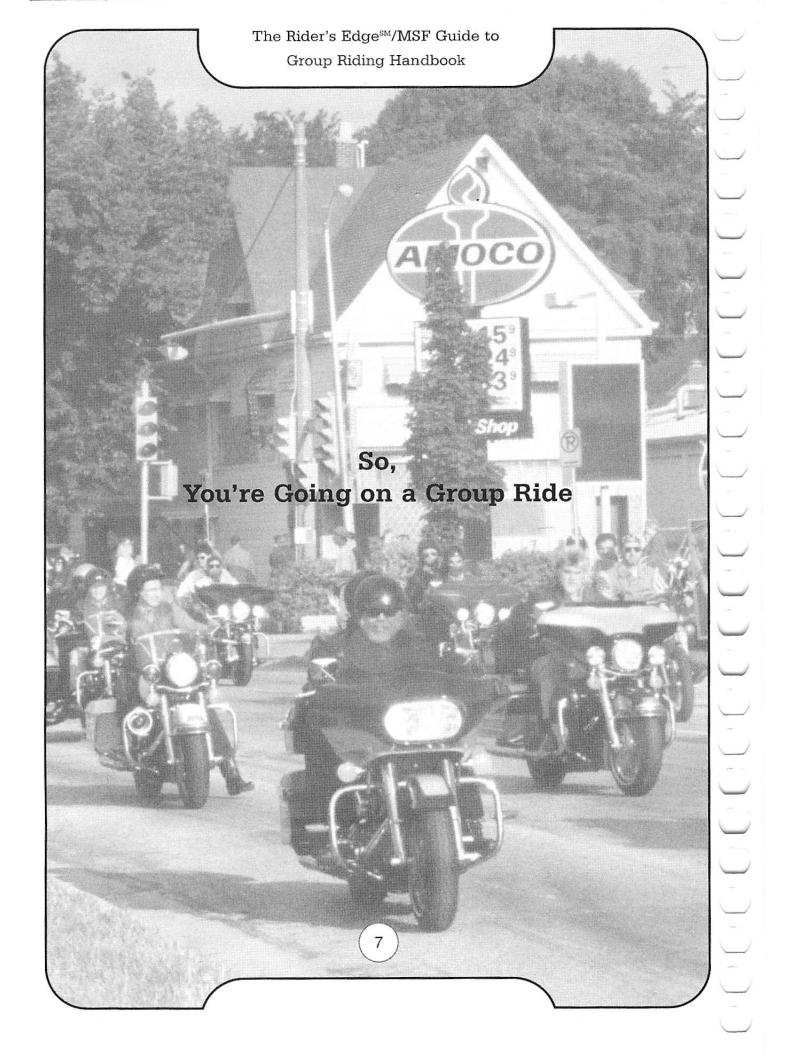


So, You're Going on a Group Ride
Preparation9
Riders' Meeting13
Hand Signals15
Riding in Formation21
Keeping the Group Together25
Intersections27
Parking
Interstates & Freeways33
Passing
Leaving the Group
Roadside Emergencies
Separated from the Group41
Roadway Hazards
Environmental Hazards
Have Fun
Self Test49
Glossary
Notes



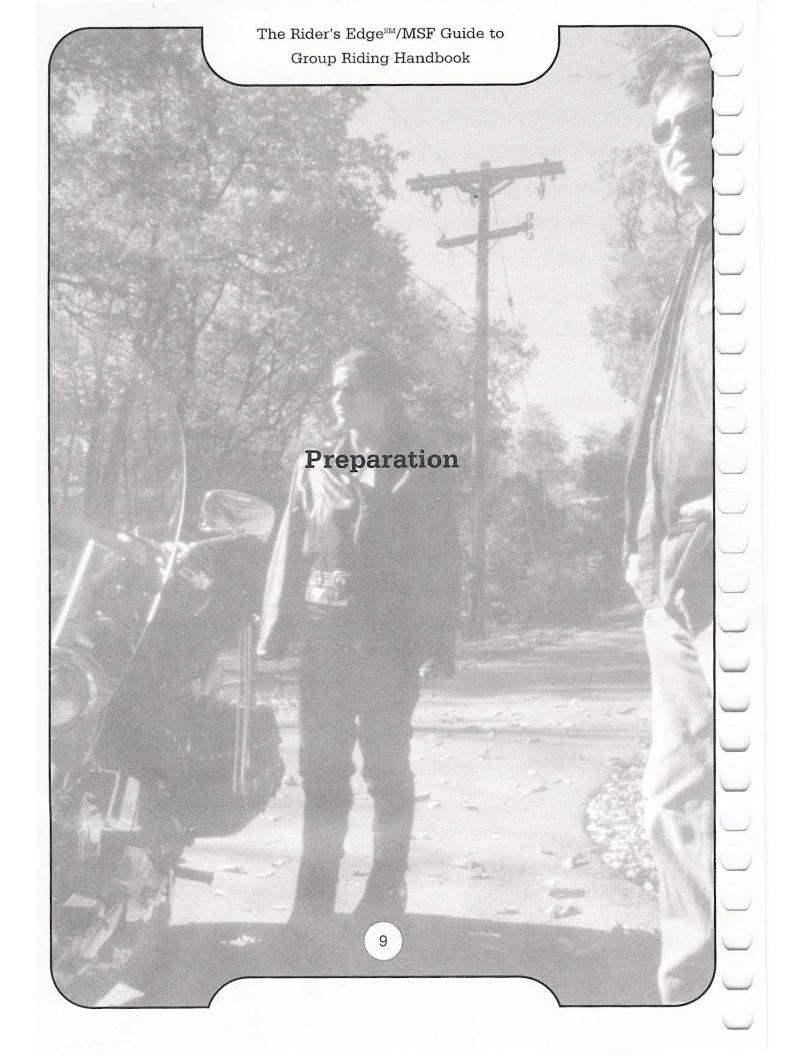
Welcome to the Rider's EdgeSM/Motorcycle Safety Foundation (MSF) Guide to Group Riding. Designed to work in conjunction with "The Rider's Edge/MSF Guide to Group Riding" video, this handbook will take you through information you need to know to put safety first whenever participating in a group ride, whether you're riding with just a few friends or as part of an organized event. There's a lot to know when it comes to riding in a group. Everything from where to place your bike on the roadway to how to communicate with the rest of the group takes on a larger significance. This is because you're not just responsible for your own safety and enjoyment, but you also share the responsibility for ensuring that the ride is safe and fun for everyone involved.

With this in mind, watch the video closely and then read through the handbook. At the end of the handbook, there is a self-test to help you learn and review the critical information on safety, rules of the roadway and general group ride courtesies as presented in the video and the handbook. This handbook is also pocket-sized so that you can take it with you on your next group ride as a reference. Finally, there is also a response card enclosed. Harley-Davidson would appreciate it if you would take a moment to fill it out and send it in to us. Your feedback is a valued resource as we continue to develop products to meet the skill development needs of all riders.



The group ride organizer will alert you to the time and place for the ride. The organizer's responsibilities include notifying you of the time of the riders' meeting, which should take place immediately prior to the ride, matching the abilities and interests of the riders in the group, informing the group of any points pertinent to the ride, choosing the lead rider and the sweep rider, who should be the most experienced riders of the group, as well as organizing the route and controlling the group's activities once under way.

Your responsibilities prior to the group ride include being familiar with the limits of your own riding skills, as well as thoroughly knowing the capabilities of your own motorcycle. If you are a newer rider, your group ride organizer should suggest that you complete a formal rider training class prior to taking part in the event. For longer trips, you need to be aware of your own stamina. It's also important to realize that your motorcycle may handle differently when loaded with a passenger or luggage.



An integral part of your own responsibilities is preparing yourself appropriately for the ride. Mental preparation is always crucial. Riding a motorcycle requires an alert mind that is free from distractions like worry and stress. This also includes riding free from the influence of drugs or alcohol. For some, personal prescription drugs or even too much caffeine can adversely affect their ability to concentrate!

Preparing your motorcycle is also key. Prior to a longer ride or trip, it's a good idea to have your motorcycle serviced at your local dealership if you aren't able to do the work yourself. Tires should be in good condition and fluids should be changed if they haven't been replaced in a while. Remember to consider such variables as passengers or extra weight from luggage that might require a change in tire pressure or a suspension adjustment. A thorough pre-ride check before the ride is a must. Use the T-CLOCK checklist as a reminder of important components to check: Tires, Controls, Lights, Oil, Chassis, Kickstand.

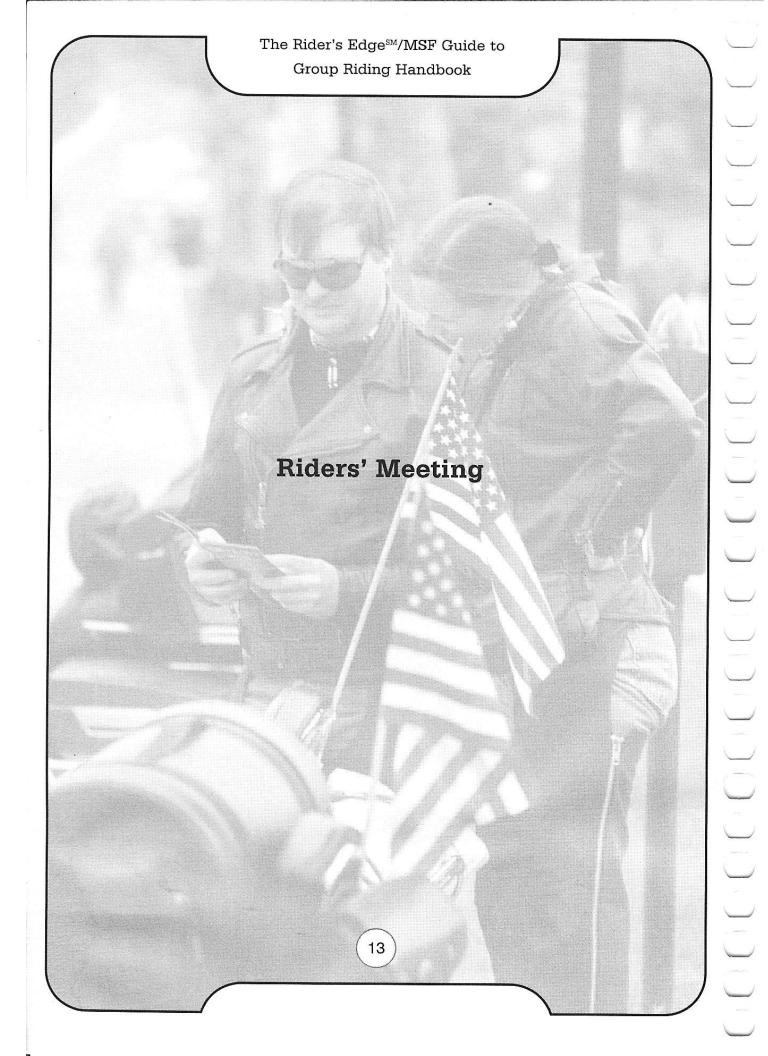
Protective riding gear for wearing on your group ride should also be chosen carefully. Wearing proper riding gear not only can enhance your personal comfort on the ride by shielding you from the ele-

ments of harsh sun, warm or cold wind, rain and noise fatigue, but it can also enhance your safety by protecting you in the event of a crash. Wearing riding clothes in high-visibility colors that are accented with reflective trim or patches, to make you easier to see, is also recommended. We recommend that each rider and passenger wear a DOT-approved helmet as well as eye protection, a long-sleeved motorcycle jacket appropriate for weather conditions, full-fingered motorcycle gloves, long pants and over-the-ankle footwear with soles that provide a good grip.

A few items that are always handy to pack include a rain suit, cell phone, a first-aid kit, your motorcycle's tool kit and owner's manual. On a bright sunny day you might appreciate a tinted visor for your helmet, but be sure to pack a clear visor if your ride might continue past dusk, or in case of inclement weather.

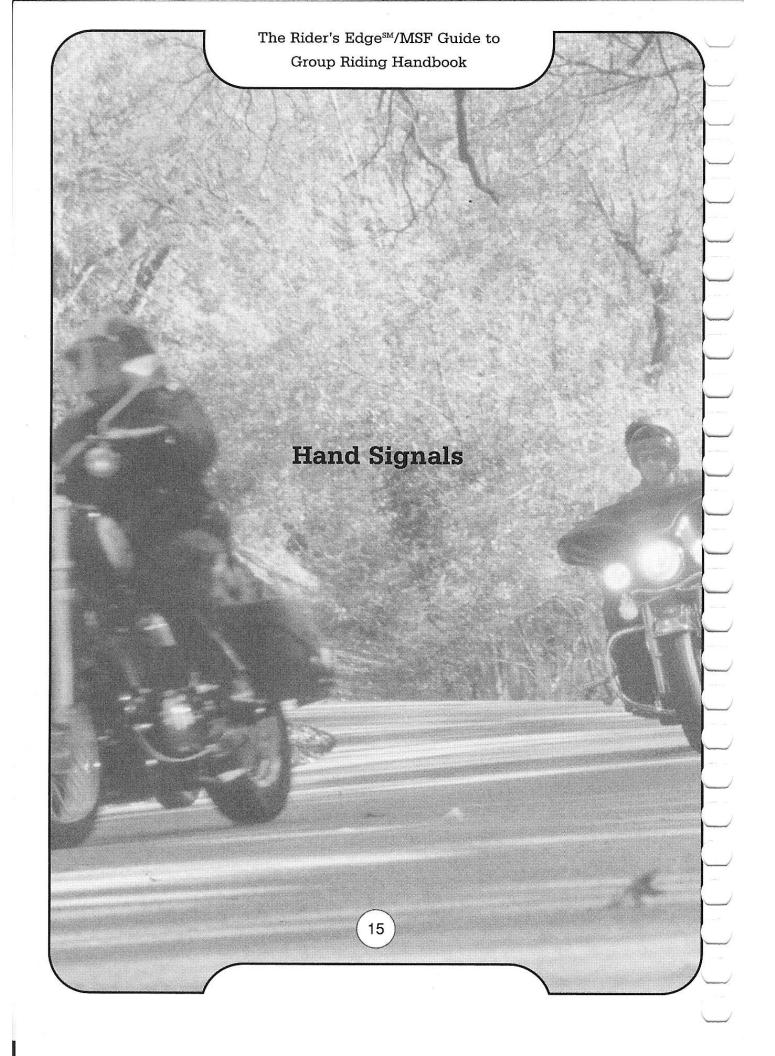


ACADEMY OF MOTORCYCLING



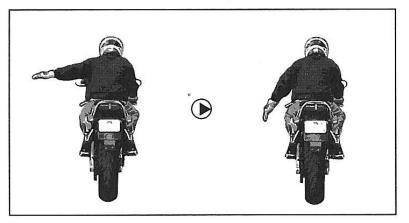
When you were contacted by your group ride organizer, you should have been informed about the time and place for the riders' meeting. Plan to arrive at this meeting with your bike prepped, a full tank of fuel and everything else you plan to bring on the ride. Generally, a riders' meeting will take place about 30 minutes before the ride. At the meeting, expect to receive a final map noting the group's route, itinerary, and the location of fuel, meal, rest or lodging stops. Sometimes, if the ride is large enough, you may be asked to select a buddy within the group so you can watch out for each other.

Often hand signals are reviewed during the meeting, so that you can communicate with the other riders during the ride. Hand signals are a useful tool to keep the group aware and cohesive on the roadway. Your group is free to determine its own set of signals, but here's a review of some that are commonly used:

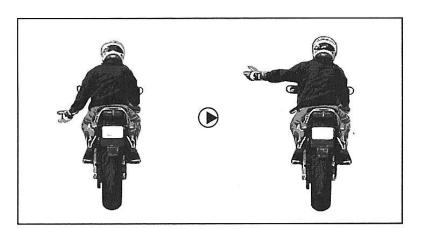




Stop arm extended straight down, palm facing back



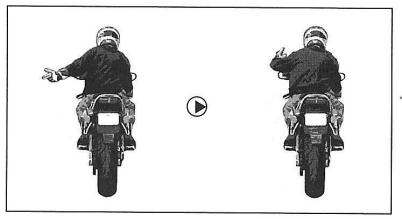
Slow Down arm extended straight down, palm facing back



Speed Up arm extended straight out, palm facing up



Follow Me arm extended straight up from shoulder, palm forward



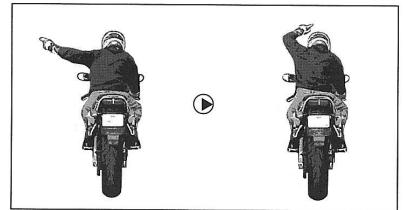
You Lead/Come
arm extended upward 45 degrees, palm
forward pointing with index finger, swing in
arc from back to front



Single File arm and index finger extended straight up

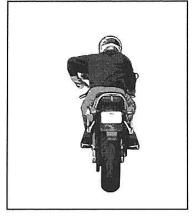


Double File arm with index and middle finger extended straight up

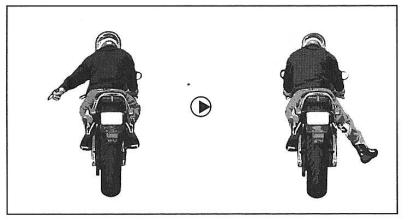


Pull Off

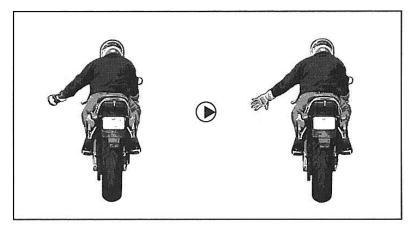
arm positioned
as for right turn, forearm swung toward
shoulder



Fuel
arm out to side
pointing to
tank with finger
extended



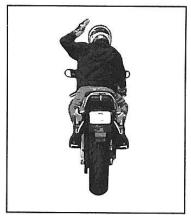
Hazard in Roadway
on the right, point with right foot; on the
left, point with left hand



Turn Signal On open and close hand with fingers and thumb extended



Refreshment Stop fingers closed, thumb to mouth



Highbeam tap on top of helmet with open palm down



Comfort Stop forearm extended, fist clenched with short up and down motion



The Rider's EdgeSM/MSF Guide to Group Riding Handbook **Riding in Formation** 21

When part of a group ride, never pair up side-by-side by positioning your motorcycle directly alongside another rider. This riding formation does not give both riders an adequate space cushion or room to maneuver. There is no place to go if you have to avoid a car or a hazard in the roadway. To talk, wait until you are both stopped. The only time a side-by-side formation might be required is during a parade event that is using a police escort.

Ideally, the group will ride in a staggered formation. Riding formations are for your safety as well as the safety of the group. When a group is riding in a staggered formation, it takes up less space on the highway than a single file line, is easier for other motorists to see and, by protecting its lane, is less likely to be separated by other traffic. Larger groups should divide up into smaller, more manageable groups, ideally five to seven riders.

Your staggered formation can be tight or loose, depending on traffic conditions. During heavy traffic, a tight staggered formation usually works best to keep other traffic from cutting into your group, although keep in mind that safety comes before the integrity of the group.

A staggered formation is the best way to keep ranks close and still maintain an adequate space cushion both in front of and behind each rider. A space cushion will give each rider plenty of room to maneuver and still maintain the riding formation. On a

sunny day on dry roads, a minimum space cushion is considered to be a two-second following distance between each rider and the rider directly in front. During inclement weather it is advisable to increase following distance by adding more space in between riders in the group.

In a staggered formation, the leader rides in the left third of the lane, while the next rider stays at least one second behind in the right third of the lane. The rest of the group follows this pattern.

If your formation is correct, the third rider is two seconds behind the leader, but only one second behind the second rider. If there are trikes and/or sidecars within your group, those machines should ride in the center of the lane and keep at least a two-second following distance within the group to maintain their space cushion.

In certain situations, it is safer for the group to ride in single file. The single file formation is best used when more room to maneuver might be needed such as on narrow and/or curvy roadways, in poor visibility, at tollbooths, entering and leaving highways, on roadways with bad surfaces, when entering a traffic circle or roundabout, or in any other situation where more space cushion is needed. By riding single file, each rider in the group can more freely use the entire lane and choose their own line through a turn. As with riding formations, keeping an adequate space cushion between riders and adjusting it to suit changing needs is important.



ACADEMY OF MOTORCYCLING

The Rider's Edge™/MSF Guide to Group Riding Handbook **Keeping the Group Together** The lead rider should plan ahead for changes and signal early so "the word gets back" to the rest of the group in plenty of time.

Many groups put newer and less-experienced riders at the end of the group. This way, slower riders won't hold up the group, but the sweep rider, who is an experienced rider, is behind them to ensure that there aren't any problems. Other groups prefer to put newer riders up front directly behind the lead rider so that the entire group can keep an eye on them and no one rider falls too far behind. This decision rests with the group and particularly with the lead rider who is aware of the demands of the chosen route and the skills of each rider in the group. Your group should determine the way that suits its needs the best.

The only two positions that require the most experienced riders are the lead rider at the front of the group and the sweep rider at the back of the group. Of course, wherever the newer riders are placed, a good lead rider will set a pace that accommodates the skill level of all the riders in the group.

Another good way to keep the group together is for each rider to periodically check on the following riders in their rearview mirrors. This way if a rider falls behind, the other riders can slow down to prevent the slower rider from falling too far behind. If all riders in the group use this technique, the group will be able to maintain a fairly steady speed without the others feeling pressured to ride too fast to "catch-up."

The Rider's Edge $^{\mbox{\tiny SM}}/\mbox{MSF}$ Guide to Group Riding Handbook Intersections 27

Intersections are the area of highest risk for a motorcyclist. This is still true for the group despite the increased visibility. All intersections should be approached with caution.

When making a left turn at a protected intersection, where traffic turning left has its own turn signal arrow, tighten the formation to allow as many riders as possible to pass quickly through the intersection. Do not ride side-by-side; the group should make the turn single file or in a tight, staggered formation. Use the same procedure for right turns and remember to respect the rights of other roadway users. During your riders' meeting, you should have discussed what to do if all of your group cannot proceed through the light before it turns red. Knowing that the group will stop at a designated point up ahead will help keep each rider from feeling pressured to jeopardize safety by running the light.

In unprotected intersections that have no turn signal arrow, riders should proceed with caution and in single file. Each rider should act as an individual, only making the turn when it is safe and legal. While awaiting your turn, remember to check your rearview mirrors, as other motorists may be expecting you to ride on as a group. The most important thing is to make the turn safely. The

group can re-form after everyone has ridden safely through the intersection.

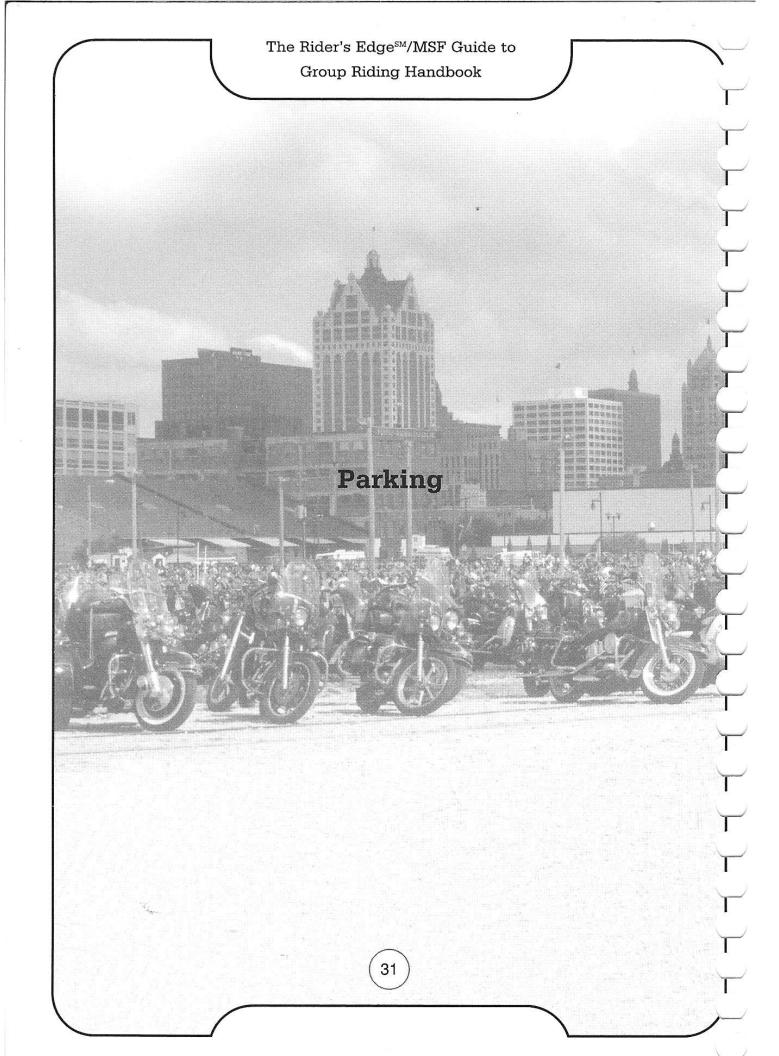
Blocking an intersection without specific permission and an appropriate escort is illegal in most circumstances. In the case of an escorted parade and event ride, riders should be given specific instructions at the riders' meeting on the group formation and the procedures to be used for moving legally through blocked intersections.

At two-way stop intersections, where you are required to stop, move through only when it is safe and legal. When stopping at an intersection with a light, it may be appropriate to close up the formation and sit side-by-side while waiting for the light to change. If you do this, the rider on the left proceeds first, and the following riders reestablish the staggered formation and space cushion as they depart.

At yield intersections be safe and cautious. Turn your head to check for traffic before merging. Respect the law, other members of the group and other roadway users. Put safety and operating within the law ahead of trying to stay in formation. The group can reestablish its formation later.



ACADEMY OF MOTORCYCLING

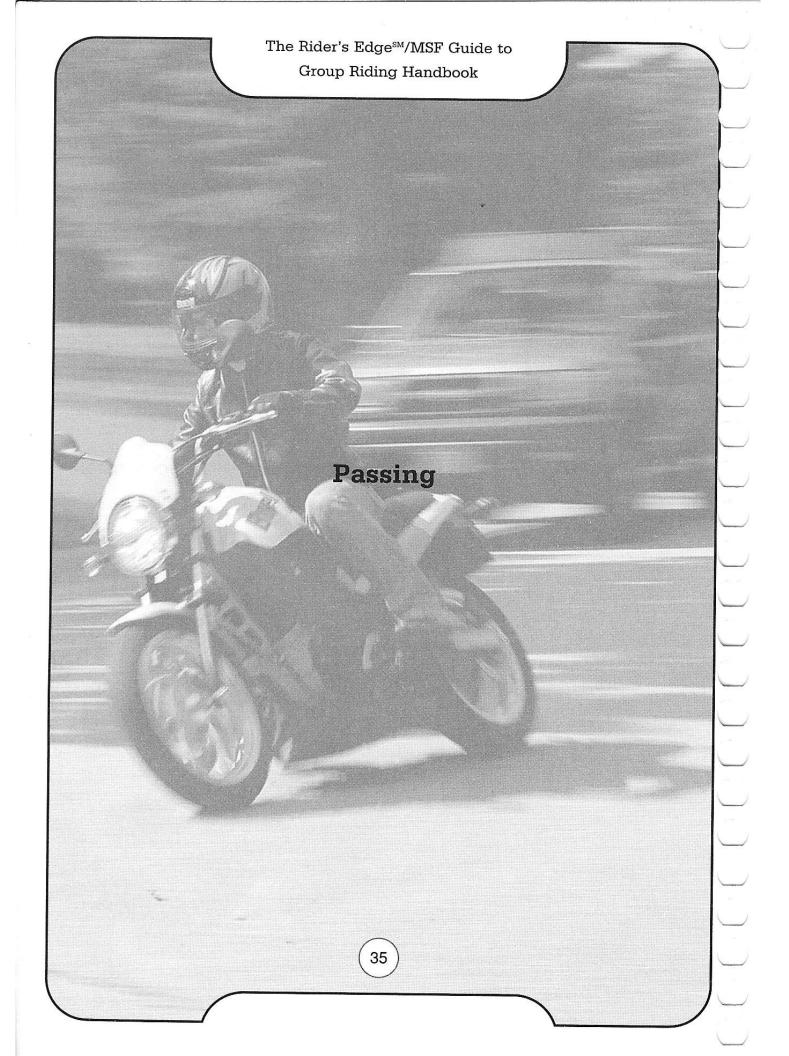


Parking as a group has many benefits. If parking is organized, you get your group off their bikes more quickly. You also run less risk of blocking access to others trying to park in the lot. Avoid parking downhill or head-in, or you may find you need to use your fellow riders as a reverse gear! Try to park where you can pull through to make both the arrival and departure much smoother. If this isn't possible, try to position the motorcycles so that the group can depart as a unit in single file.

The Rider's EdgeSM/MSF Guide to Group Riding Handbook **Interstates & Freeways** 33

A staggered formation is essential on freeways and interstates. Enter in single file and form up only after safely merging onto the roadway. Your lead rider should maintain a merging speed that will allow enough space for following riders to safely merge. Since riding in a group doesn't change your right-of-way, be alert to the fact that cars entering or exiting may cut through your formation if your group is traveling in the far right lane. It may be better to move the group over one lane when everyone has safely entered the interstate. In heavier traffic, resist the temptation to close up the formation too much. Maintain your space cushion.

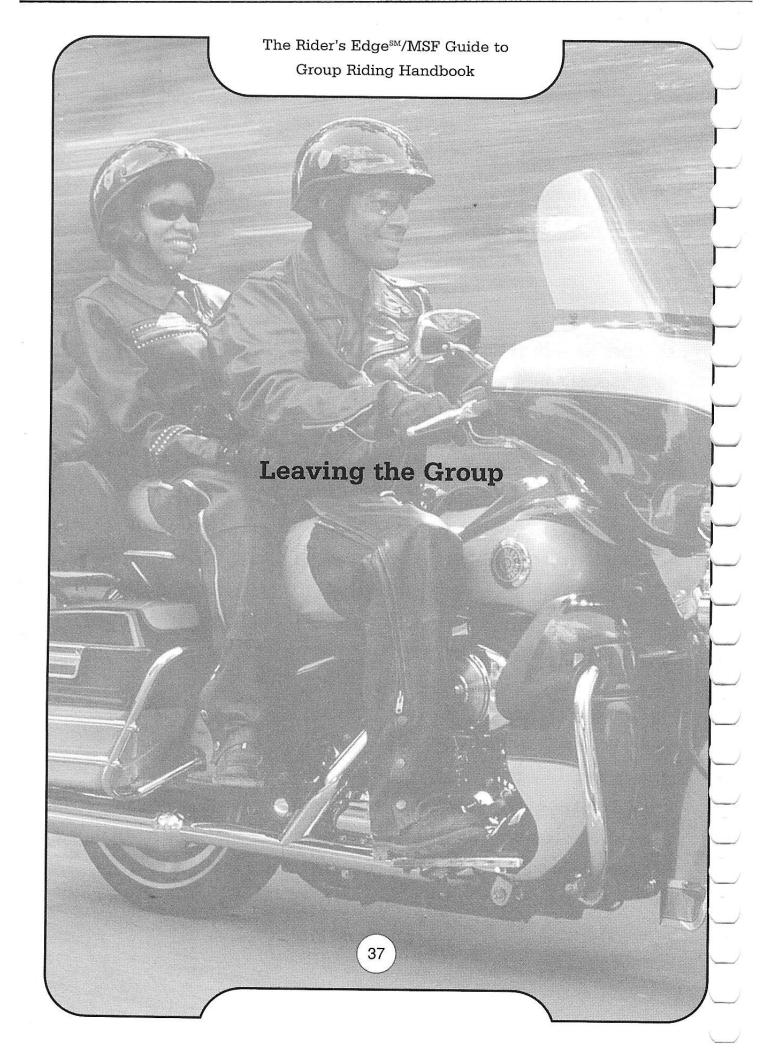
Exiting an interstate always requires a single-file formation. Doing so allows a better space cushion and time to react to whatever is at the end of the exit lane or when merging onto another roadway.



When your group wants to pass slower traffic (or change lanes) on a freeway or interstate, the group may pass as a unit. When it is safe and legal, the lead rider should signal the lane change when they have determined the entire group can change lanes and pass as a unit. The other riders then follow this lead and signal one at a time to move into the next lane.

On a two-lane highway, when passing slower traffic such as construction or farm vehicles, the group should pass one at a time. Take special care if passing slower vehicles or horse-drawn carriages such as those that the Amish use. Be courteous and safe by only using marked passing zones. The leader should signal their intentions first and then pull out when it is safe and legal. After completing the pass, the leader should return to the left lane position and continue at a passing speed to leave room for the next rider, then the next rider should move up to the left position and watch for a safe chance to pass. After passing, this rider should return to the right position and open up room for the next rider. The rest of the group should follow the same pattern.

Some people suggest that the lead rider should move to the right side after passing a vehicle. This is not a good idea. It encourages the second rider to pass and cut back in before there is a large enough space cushion in front of the passed vehicle. It's simpler and safer to wait until there is enough room ahead of the passed vehicle to allow each rider to move into the same position held before the pass.

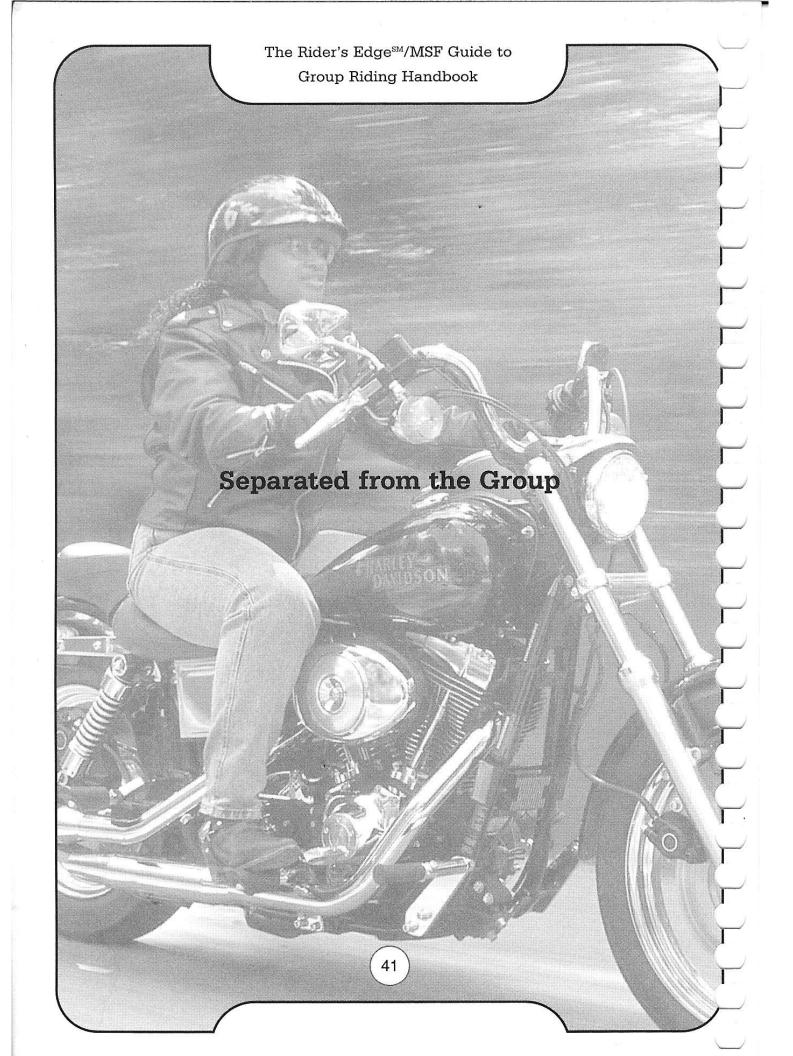


If you plan to drop out of the group, notify your leader or ride buddy beforehand about the place or time you will be leaving the group. This way, they know you have not had a problem and need assistance. When you do depart, the rest of the group should adjust the formation while maintaining a good space cushion and following distance. This may require other riders to change position to the opposite side of the lane.

The Rider's EdgeSM/MSF Guide to Group Riding Handbook **Roadside Emergencies** 39

If a member of your group has mechanical difficulties or has been involved in a crash, the following riders should all stop, including the sweep rider and the chase vehicle (if your group has one). The riders ahead of the incident should continue on to the next scheduled stop area since doubling back could cause additional safety problems.

The sweep rider should assess the situation and, if it appears there will be a delay, send one rider ahead to meet the rest of the group at the next scheduled stop area. If medical assistance is necessary, the sweep rider can use a cell phone to call 911.



You might get separated from the group because of a signal, traffic or other reasons. Don't panic. Your group should have a pre-planned procedure or place selected in which to re-group. Don't feel pressured to catch up, especially if it means breaking the law or riding beyond your limits. Proceed to the regrouping area or call the preselected contact person for your group.

The Rider's EdgeSM/MSF Guide to Group Riding Handbook Roadway Hazards

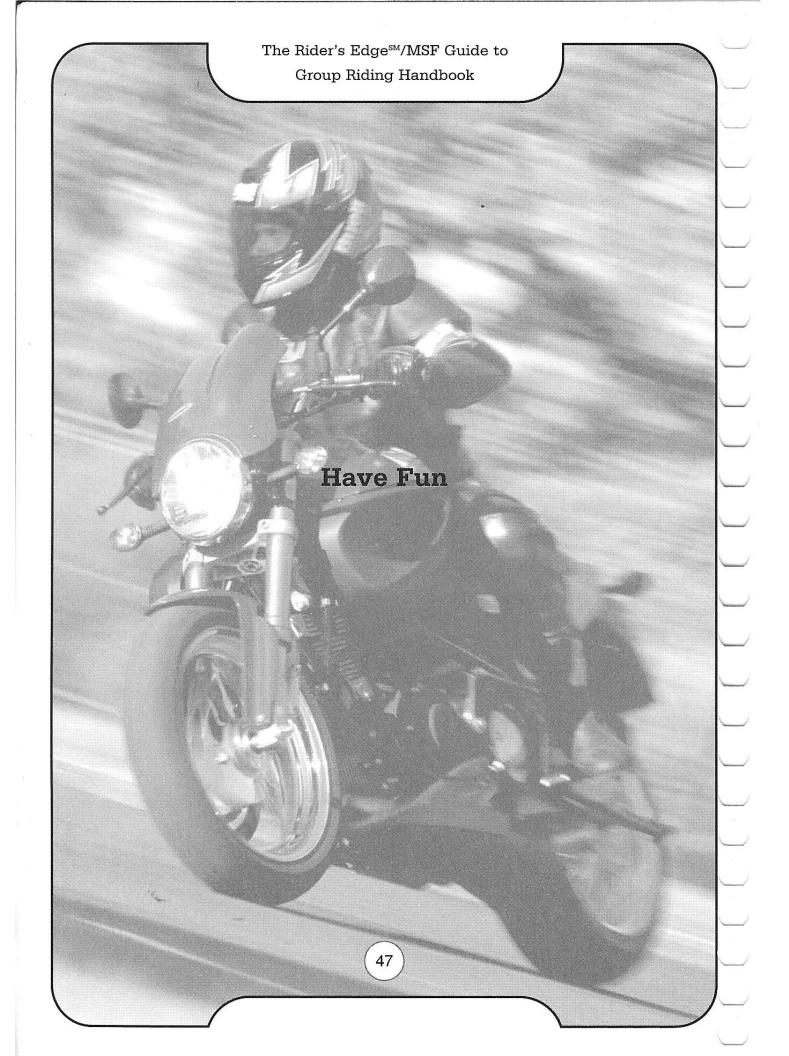
You may encounter differing types of roadway hazards or severe roadway conditions while on a group ride. When entering construction zones, it is best to ride single file, reduce speed and increase your space cushion. This will allow riders to adjust their lane positions and respond to the roadway conditions more freely.

Maintaining a good space cushion and following distance throughout the ride will allow riders to react to roadway debris like sand, gravel and oil. If riding in a staggered formation, it may be better to change to single file. The lead rider should use pre-determined hand signals. Avoid riding over debris unless you have no choice. Not only could you damage your tires or bike, but you also risk throwing the debris into another rider's path of travel. Ride as smoothly as possible and avoid sudden changes in speed or direction. The same is true for wet roadways.

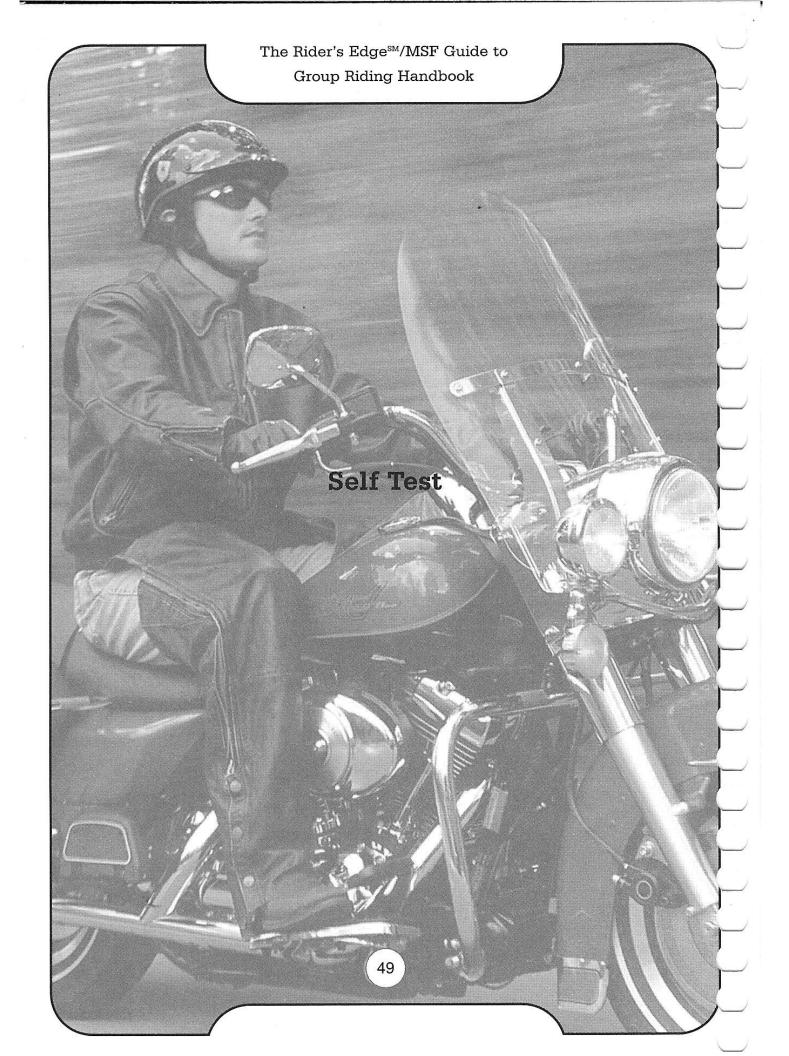
The Rider's EdgeSM/MSF Guide to Group Riding Handbook **Environmental Hazards** 45

Riding into the sun may seem scenic in movies, but can be hazardous for a motorcyclist. The glare makes it hard for all motorists to see one another. This might be a good time to plan a break as these conditions increase rider fatigue. But if you must ride into the sun, reduce speed and increase your space cushion. Remember, it may be more difficult to see roadway hazards.

Take extra precautions when riding at night. Be visible. Consider wearing a retro-reflective vest. Make sure that all lights are working and your headlight is adjusted properly. Reduce speed and increase your space cushion. Remember that roadway hazards will be more difficult to see at night.



A group ride is one of the great on-roadway motorcycling experiences. Taking part in a group ride is a great way to share the fun and camaraderie of motorcycling. Following these guidelines will help make the ride safer and more enjoyable for yourself and everyone else taking part in the ride.



COMMUNICATIONS

Since we can't speak to each other safely while riding, the most common form of communication between riders is hand signals. Remember to signal only when it is safe and to keep your eyes on the roadway. Please match the correct hand signal with its proper meaning.

____ = Slow Down

____ = Highbeam

= Pull Off

= Double File

____ = Refreshment Stop

____ = Speed Up

____ = Stop

____ = Hazard in Roadway

____ = Fuel

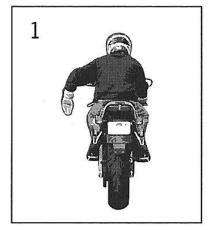
____ = Follow Me

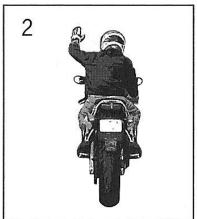
____ = Single File

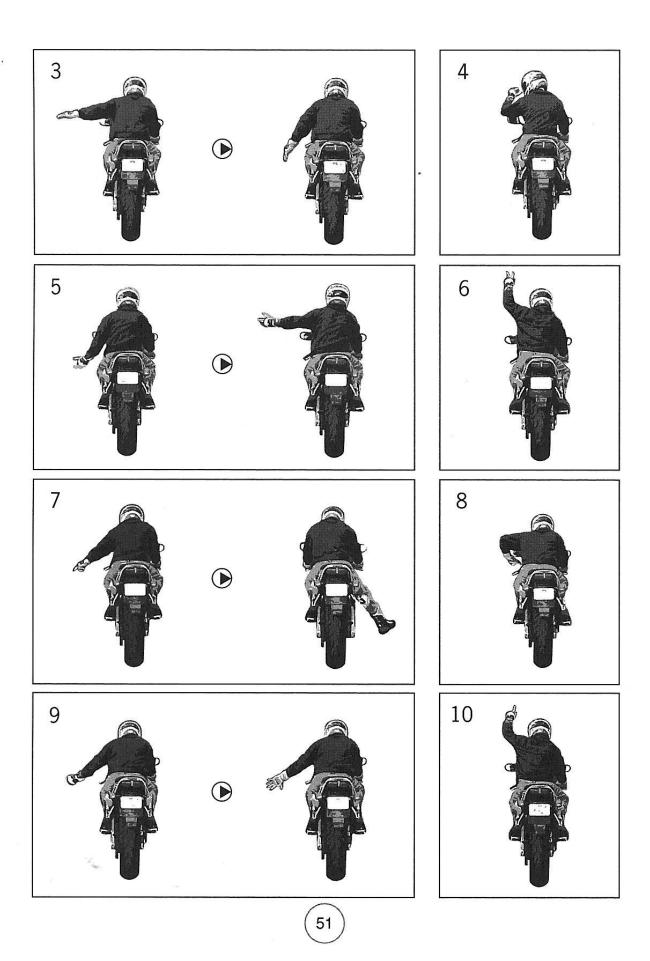
____ = You Lead/Come

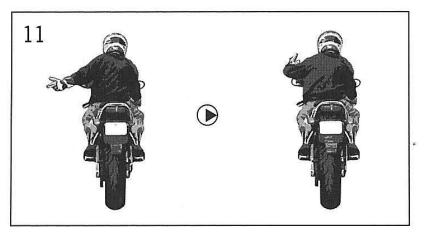
____ = Turn Signal On

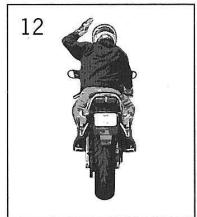
____ = Comfort Stop

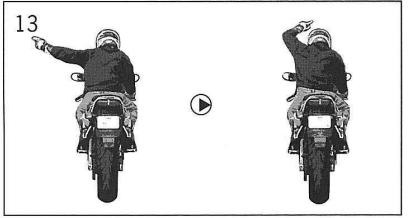


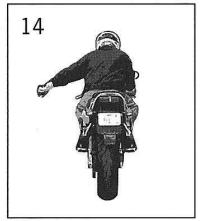












QUESTIONS

Read each question carefully and mark the answer that you think is best.

- 1. Matching the interest and abilities of a group of riders is a main consideration of the ride organizer. The organizer should prepare the route and control the group's activities while under way. Each member of the group should be aware of their own responsibilities as well. One of those responsibilities is preparing your machine. Before you join a group ride, it is recommended that you:
 - A. Eat a good breakfast
 - B. Service your motorcycle and fill the tank
 - C. Leave a light on at home
- 2. It is each individual's responsibility to have their own motorcycle ready BEFORE the ride starts. Always do a pre-ride check before each ride. The T-CLOCK system includes which of the following components:
 - A. Tires
 - B. Controls
 - C. Lights
 - D. Oil
 - E. Chassis
 - F. Kickstand
 - G. All of the above

- 3. Each rider should mentally prepare for the ride. Look forward to the fun of the ride and avoid alcohol and drugs, excessive caffeine and stress prior to and during the ride. Riders should also pair up in the "buddy system" before beginning the ride. The reason for pairing up in a "buddy system" is to:
 - A. Make new friends

- B. Have someone to eat lunch with
- C. Watch out for each other
- 4. There is no perfect list of riding formations. Different situations call for different formations. However, regardless of the formation, smart defensive riding strategies still apply. Spacing of the group is important for safety. The distance between you and other riders is your safety cushion. A good minimum distance rule of thumb in a staggered formation is:
 - A. Nose-to-tail
 - B. Side-by-side
 - C. Two seconds between every other rider

- 5. In a staggered formation, the leader will ride in the left third of the lane, while the next rider stays at least one second behind in the right third of the lane. The rest of the group follows this pattern. A staggered formation is usually best for large groups because:
 - A. A staggered formation takes up less space on the highway
 - B. A staggered formation is easier for other motorists to see
 - C. A staggered formation is the best way to keep ranks close while still maintaining a space cushion
 - D. A staggered formation is less likely to be separated by other traffic
 - E. All of the above
- 6. Certain conditions will warrant a single-file formation. Single file will allow each rider to more freely use the entire lane. The group should move into a single-file formation under what conditions?
 - A. When entering and leaving a highway
 - B. At tollbooths
 - C. On bad surfaces
 - D. When entering or leaving a traffic circle or roundabout
 - E. When the roadway has more curves or less visibility or shoulder room
 - F. All of the above

- 7. When passing slower traffic, the group should pass one rider at a time. First, the leader should signal and then pull out when it is safe and legal. After completing the pass, the leader should return to the left lane position and continue riding at a passing speed in order to open up room for the next rider. The next rider should move up to the left position and watch for a safe chance to pass. Special care should be taken when passing what kind of slower traffic?
 - A. Construction vehicles only
 - B. Farm vehicles only

- C. Horse-drawn carriages only
- D. Always use special care when passing slower traffic
- 8. In non-protected intersections, riders should proceed with caution and in single file. Each rider should act as an individual, only making the turn when it is safe and legal. This is important because:
 - A. Making the turn safely is more important than the integrity of the group
 - B. Individuality is more important than the group
 - C. It gives each rider a chance to break away from the group

- 9. Riding in a group will increase your visibility over riding alone. However, common sense still applies and areas of highest risk for the lone motorcyclist remain areas of high risk for the group. The area of highest risk for motorcyclists even in a group is:
 - A. The highway
 - B. A two-lane roadway
 - C. Intersections

- 10. Because you are part of a group ride, you might assume that your group has certain extraordinary rights and can legally ignore certain traffic signs in favor of keeping the group formation intact. This is not the case, you must obey all laws and signs and pay particular attention to which of the following:
 - A. Yield
 - B. Merge
 - C. Left turn on arrow only
 - D. All of the above

- 11. If a member of your group has mechanical problems or is involved in a crash, the riders ahead of the incident should continue on to the next scheduled stop to wait for a report on the rider with the problem. Riders should never double back as this could cause additional safety problems. Which of the following members of the group should stop:
 - A. The leader of the group
 - B. The sweep rider
 - C. The chase vehicle
 - D. Everyone should stop
 - E. B & C
- 12. You may become separated from the group because of a signal or other traffic may break the formation. Your group should have a pre-planned procedure or place to regroup or a designated contact. If you become separated from the group you should:
 - A. Panic
 - B. Proceed to the pre-planned meeting place and/or call the designated contact person
 - C. Ride as fast as possible to catch up

- 13. Bad weather is always a possibility. Remember that safety is your first priority and wet roadways have slick surfaces. If the weather turns sour, the group should:
 - A. Tighten up the formation
 - B. Reduce speed and increase the space cushion
 - C. Let everybody go home on their own
- 14. Roadway construction can be a minor inconvenience or cause major delays and severe roadway conditions. Safety and maneuverability should take priority. If the group enters a construction zone, be sure to:
 - A. Reduce speed and increase the space cushion
 - B. Wave to the guys in hard hats
 - C. Don't adjust the formation to fit the changes in the roadway
- 15. Following the group ride guidelines will help ensure that your ride is safer and more enjoyable for everyone involved. On a group ride be sure to:
 - A. Have fun
 - B. Obey all traffic laws and rules of the roadway
 - C. Be courteous to the other riders in the group
 - D. Use your common sense
 - E. All of the above

HAND SIGNAL ANSWER KEY	QUESTION ANSWER KEY		
3. Slow Down	1.— B		
12. Highbeam	2. G		
13. Pull Off	3. C		
6. Double File	4.—— C		
4. Refreshment Stop	5. C		
5. Speed Up	6. F		
1. Stop	7. D		
7. Hazard in Roadway	8.—— A		
8. Fuel	9. C		
2. Follow Me	10. D		
10. Single File	11. E		
11. You Lead/Come	12. B		
9. Turn Signal On	13. B		
14. Comfort Stop	14. A		
	15. E		

The Rider's Edge $^{\mbox{\tiny SM}}/\mbox{MSF}$ Guide to Group Riding Handbook Glossary 61

Chase Vehicle - Any car/van/truck to carry luggage or other needed accessories for the trip and that either follows a group ride during its journey, or arranges to meet the group at specified points during the journey.

DOT-Approved Helmet - a helmet that is manufactured to meet the U.S. Department of Transportation FMVSS 218 standard in the areas of impact and penetration resistance, retention and peripheral vision.

Eye Protection - A visor/face shield on a helmet or a pair of riding goggles made out of a shatterproof material. Many visors and goggles that are made specifically for use while motorcycle riding are manufactured to meet VESC 8 (Vehicle Establishment Safety Code) standards as shatter resistant.

Following Distance - The amount of distance between your motorcycle and the vehicle you are directly following based on time and speed. The minimum recommended distance at low speeds on a dry surface is equivalent to two seconds.

Full-fingered Motorcycle Gloves - Gloves manufactured specifically for motorcycle use in either leather or man-made fabrics in which each finger is completely covered. Some gloves offer extra comfort and protection in the form of padding or armor on the fingers, palm

or back. Some gloves are gauntlet-style, covering the wrist, for extra comfort and protection.

Group Ride Organizer - The individual who coordinates a group ride. Duties may include choosing the date, location, purpose and participants of the event. The group ride organizer does not necessarily need to be a member of the actual riding group.

Hand Signals - Signals using hands and arms that are used between riders in a group while riding so that the group can effectively communicate crucial information with one another, e.g. the presence of a hazard in the roadway.

Lead Rider - The very first rider in a group of motorcycles who sets the path of travel, looks ahead for openings to make lane changes on highways, determines the riding formation, rest stops and the pace for the group ride. Along with the sweep rider, the lead rider should be one of the most experienced riders in the group.

Long Pants - Riding pants made of durable material to provide comfort and protection while riding and cover the entire leg.

Mental Preparation - Preparing your mind to go riding so that you are ready to process information and respond immediately. This

includes freeing your mind of distractions, thinking about the route and avoiding over-the-counter and prescription drugs, alcohol and too much caffeine.

Motorcycle Jacket - A long-sleeved jacket made of a durable material and manufactured specifically for motorcycle riding to provide comfort and protection.

Over-the-Ankle Footwear - A low-heeled boot or hightop-type shoe which covers the ankle bone, is made of abrasion resistant material, and has a sole that provides a good grip on the footpegs.

Pre-Ride Check - A check of your machine's general condition, critical components and fluid levels prior to every ride to help ensure a safe ride. The T-CLOCK checklist covers the exact items to check.

Protecting Your Lane - Riding in a portion of the lane that maximizes your ability to see other traffic in the roadway and that maximizes your visibility to other motorists on the roadway.

Protective Riding Gear - The entire ensemble of clothing needed to adequately provide you comfort and protection during your ride. These include a DOT-Approved helmet, eye protection, a motorcycle jacket, full-fingered gloves, long pants and over-the-ankle footwear.

Riders' Meeting - A meeting of all the riders planning to participate in the group ride event held approximately 30 minutes prior to the ride to discuss the route, hand signals and any other information each rider needs to know about that day's group ride event.

Staggered Riding Formation - The staggered placement on the roadway of each motorcycle where the leader rides in the left portion of the lane and the next rider rides in the right portion of the lane, one second behind. Following riders continue this pattern while maintaining a two-second following distance from the rider directly ahead.

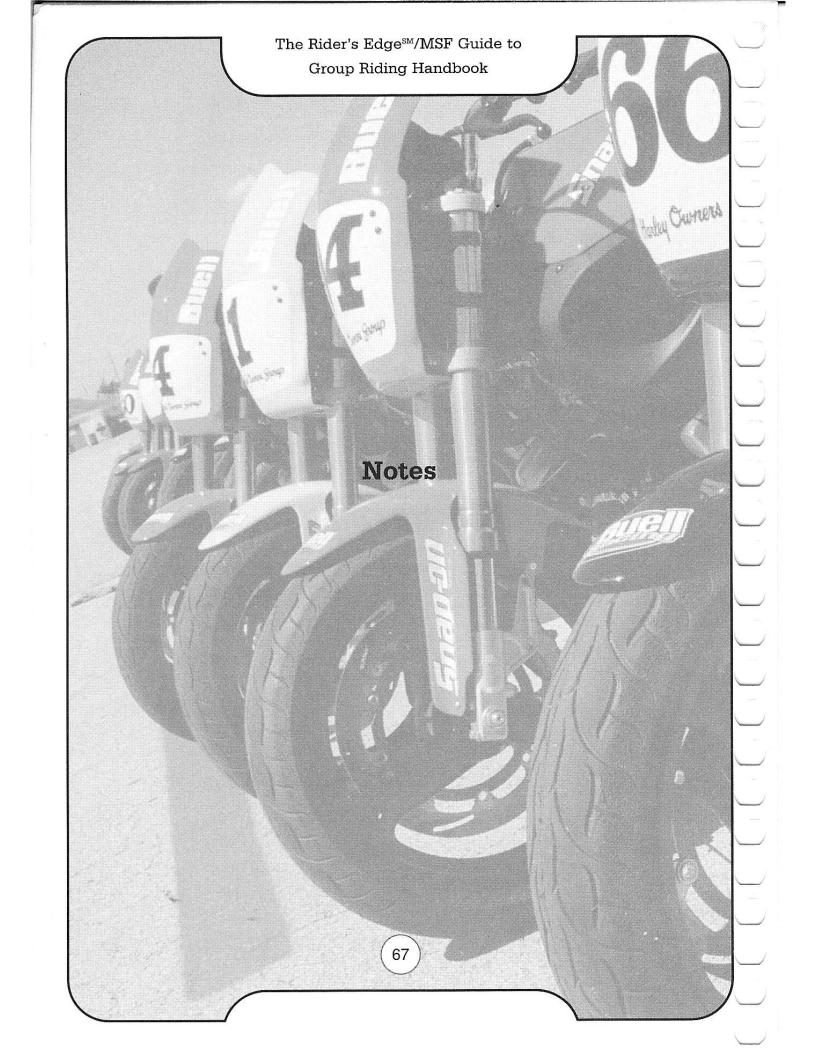
Space Cushion - The area you create and maintain immediately around your motorcycle and other vehicles that gives you plenty of time and space to react to hazards.

Sweep Rider - The last rider of the group who keeps an eye on the entire group and stops with any rider who experiences trouble to assess the situation and determine a resolution. Along with the lead rider, should be one of the most experienced riders of the group.

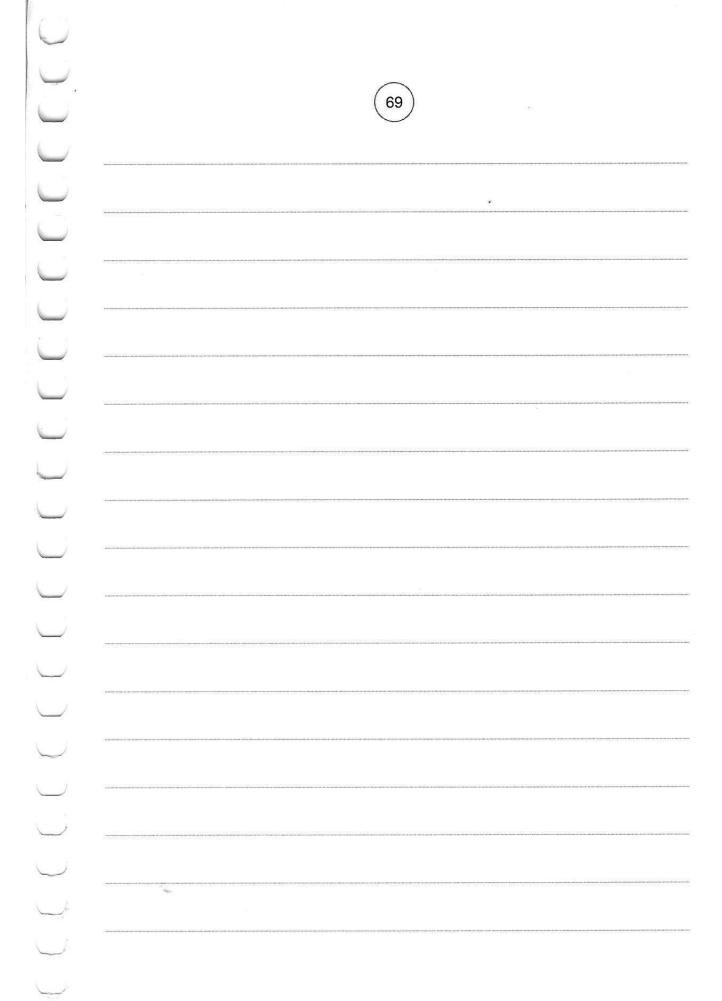
T-CLOCK Checklist - The list of critical components on your motorcycle to check prior to every ride to help ensure a safe ride. The letters stand for Tires & Wheels, Cables & Controls, Lights, Oil & Fluids, Ghain & Chassis, and Kickstand (Sidestand).



ACADEMY OF MOTORCYCLING



)			
	\			
_				
				å. Xi



_	
1	
i i	9
7	
į.	
7	
_	
	e e e e e e e e e e e e e e e e e e e
	•

	_
	$\overline{}$
(71)	



ACADEMY OF MOTORCYCLING



ACADEMY OF MOTORCYCLING